Comment on 'Prospective predictive performance comparison between clinical gestalt and validated COVID-19 mortality scores'

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Dear Editor,

I read the article 'Prospective predictive performance comparison between clinical gestalt and validated COVID-19 mortality scores' with great interest.[1] The authors compared various COVID-19 mortality prediction models validated in Mexican patients — LOW-HARM, MSL-COVID-19, Nutri-CoV, and neutrophil-to-lymphocyte ratio (NLR) —, qSOFA, and NEWS2 against clinical gestalt to predict mortality among COVID-19 patients admitted to a tertiary hospital, concluding that clinical gestalt was non-inferior. I would like to comment on some issues with this article.

It is unclear what "clinical gestalt" meant in the study since no formal definition was provided by the authors other than study procedures. Others have defined clinical gestalt as "a physician's unstructured estimate"[2] or an "overall clinical impression".[3]

Additionally, it is not clear how the authors selected the prediction models to be evaluated. They mentioned that three models validated in datasets including Mexican patients were included; however, in the absence of clear inclusion criteria, other models validated in Mexican patients could have been left out. Thus, I performed a systematic search within
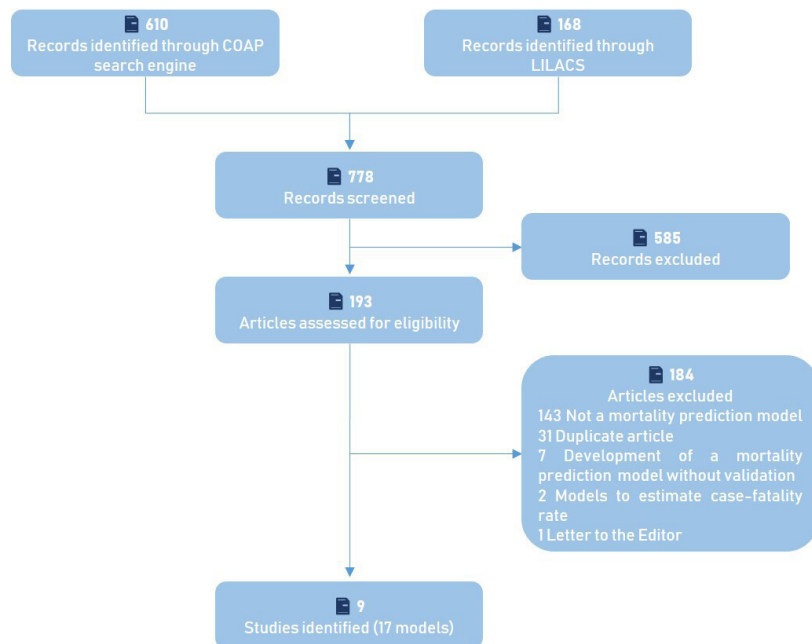
Figure 1 Systematic search flowchart of studies included and reasons for exclusion. The search within COAP[a] was performed by using the keywords and Boolean operators (mortality) AND (mexico) OR (mexican). Within LILACS[b], the keywords and Boolean operators (COVID-19) AND (mortality) AND (mexico) OR (mexican) were used; an affiliation country filter for "Mexico" was also applied in the latter case. These searches retrieved 778 records (610 and 168, respectively), of which 193 studies were retained for abstract and full-text screening. Nine studies describing 17 validated COVID-19 mortality prediction models within the Mexican population were identified. [a]COAP is a daily-updated database with SARS-CoV-2 and COVID-19 published articles from PubMed, EMBASE and PsycINFO, and preprints from medRxiv and bioRxiv (further information at https://ispmbern.github.io/covid-19/living-review/). [b]LILACS is one of the most important and comprehensive databases of scientific information in Latin America and the Caribbean with more than 880 thousand records of peer-reviewed journals, thesis and dissertations, government documents, annals of congresses and books (further information at https://lilacs.bvsalud.org/en/).

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Table 1 COVID-19 mortality prediction models validated in Mexican patients, identified through the systematic search.

Model or authors	Predictors	Reference of validation study
CALL score	Comorbidities, age, lymphocyte count, LDH	4
Charlson Comorbidity Index (CCI)	Age, MI, CHF, PVD, CVA or TIA, dementia, COPD, connective tissue disease, PUD, liver disease, DM, hemiplegia, moderate to severe CKD, solid tumor, leukemia, lymphoma, AIDS	4
HScore	Immunosuppression, body temperature, organomegaly, cytopenias, ferritin, triglycerides, fibrinogen, AST, features of hemophagocytosis in bone marrow aspirate	4
Inflammation-based risk scoring system	Albumin, hs-CRP, WBC	4
Karaismailoglu et al	Age, pneumonia, CKD, COPD, DM	8
Kimura-Sandoval et al	Percentage of total opacity >51% in non-contrast chest CT, LDH	10
LOW-HARM score	Lymphopenia, SpO_2, WBC, HTN, age, renal injury, myocardial injury	4
NLR	Absolute neutrophil count divided by absolute lymphocyte count	4
Nutri-CoV score	MSL-COVID-19 score, SpO_2, RR	7
Obesity and diabetes score (MSL-COVID-19)	Pneumonia, DM, DM and age <40 years, age ≥65 years, age <40 years, CKD, immunosuppression, COPD, obesity	4
ODL-COVID	$CD8^+$ T lymphocyte count, D-dimer, LDH, CRP, HTN, DM	5
PH-Covid19 score	Age, sex, DM, COPD, immunosuppression, HTN, obesity, CKD	4, 9
PhenoAge components	Albumin, creatinine, CRP, CA	12
PhenoAgeAccel+CA	PhenoAgeAccel value, CA	12
Quiroz-Juárez et al	DM, COPD, immunosuppressive drugs, HTN, CKD, CVD, obesity, presence of other chronic illnesses, sex, state of birth (Mexico), state of residence (Mexico), age, units of viral respiratory diseases (USMER) designation, sector (medical facility), state of treatment (Mexico), days symptoms-treatment, COVID-19 status, COVID-19-related pneumonia, hospitalization status, intubation, ICU	6
Wollenstein-Betech et al	Age, sex, immunosuppression, CKD, obesity, DM	11
Wollenstein-Betech et al (extended model)	Age, sex, immunosuppression, CKD, obesity, DM, hospitalization, pneumonia, need for ICU or ventilator	11

AIDS, acquired immune deficiency syndrome; AST, aspartate aminotransferase; CA, chronological age; CHF, congestive heart failure; CKD, chronic kidney disease; COPD, chronic obstructive pulmonary disease; CRP, C-reactive protein; CT, computed tomography; CVA, cerebrovascular accident; CVD, cardiovascular diseases; DM, diabetes mellitus; hs-CRP, high-sensitivity C-reactive protein; HTN, hypertension; ICU, intensive care unit; LDH, lactate dehydrogenase; MI, myocardial infarction; NLR, neutrophil-to-lymphocyte ratio; PUD, peptic ulcer disease; PVD, peripheral vascular disease; RR, respiratory rate; SpO_2, peripheral oxygen saturation; TIA, transient ischemic attack; WBC, white blood cell count.

the COAP search engine and LILACS of studies published to November 5, 2021 (figure 1). Nine studies describing 17 validated COVID-19 mortality prediction models within the Mexican population were identified (table 1),[4–12] four of which were evaluated by Soto-Mota and colleagues (LOW-HARM, MSL-COVID-19, Nutri-CoV, and NLR).[4 7] Therefore, the authors did not evaluate a number of the important prediction models validated in Mexican patients to predict mortality.

Although the authors mentioned the median years of hospital experience (which could include medical internship and social service in Mexico) in medical residents who performed predictions, disclosing their corresponding postgraduate year (PGY) would have been important, since confidence of predictions was generally low in this study — only ~35% had >80% confidence of prediction. While they argued that "with the COVID-19 pandemic, clinicians of all levels of training started their learning curve at the same time", senior residents are less likely to be underconfident compared with junior residents.[13]

Furthermore, the statement "no score was significantly better than clinical gestalt predictions" might be questionable, due to concerns regarding sample size. An inadequate sample size could have led to the inability to detect differences, especially since the authors used *easyROC* — an open web calculator that estimates, among others, sample sizes for non-inferior ROC comparisons — to estimate the sample size for their study. Of note, *easyROC* requires an input for the "smallest difference" between tests' AUC, not the "maximal AUC difference" as the authors report. Most

important is the fact that *easyROC* was not developed to estimate sample sizes to evaluate non-inferiority between prognostic predictive models; instead, it was developed to compare diagnostic test models.[14]

Finally, it is worthwhile mentioning that while in younger patients obesity is the strongest risk factor for short-term mortality,[15] chronological age remains the single most important predictor of in-hospital COVID-19 mortality.[9]

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