# Evaluation of dynamic thiol-disulfide homeostasis and ischemia-modified albumin levels in patients with chronic lymphocytic leukemia

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#### ABSTRACT

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Accepted 10 August 2022

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To cite: Erdal H, Ciftciler R, Tuncer SC, et al. J Investig Med Epub ahead of print: [please include Day Month Year]. doi:10.1136/jim-2022-002568 This is the first study to evaluate both the dynamic thiol-disulfide homeostasis and ischemia-modified albumin (IMA) levels in patients with chronic lymphocytic leukemia (CLL). Twenty-nine patients with CLL and 20 controls were included in the study. The dynamic thiol-disulfide balance was determined by the newly developed colorimetric method by Erel. IMA levels were determined by the cobalt binding test. We found that total antioxidant status levels were lower while total oxidant status (TOS) and oxidative stress index (OSI) levels were significantly higher in patients with CLL than controls. Moreover, native and total thiol levels were found to be statistically significant between the study and control groups (p<0.001), whereas no statistically significant difference was noted for IMA levels (p=0.365). A negative correlation was observed between native and total thiol levels, leukocyte, lymphocyte, and TOS. Total bilirubin showed positive correlation with direct bilirubin and alkaline phosphatase. In addition, IMA levels showed a positive correlation with OSI. This study highlights measurement of native and total thiol and IMA levels in patients with CLL for the first time. Dynamic thiol-disulfide homeostasis may contribute in the pathophysiological mechanism, and follow-up to disease in patients with CLL.

## INTRODUCTION

Chronic lymphocytic leukemia (CLL) is one of the most common cancer types in the world, with an incidence of 4-5 per 100,000 people. The incidence rate of CLL among men is higher than the one among women. The average diagnosis age among men is about 72 years old.<sup>1</sup> The clonal growth and accumulation of CD5positive B cells in the blood, bone marrow, and lymph nodes are among the most prominent features of CLL.<sup>2</sup> Moreover, one of the strongest genetic predispositions of hematological malignancies is CLL. A positive family history of CLL affects around 10% of those who get the disease. Living in the countryside or exposure to chemicals, family history of disease, and widespread infection carries a high risk for the development of CLL.<sup>3</sup> Ten per cent of patients with CLL have 17p deletion on the chromosome where the p53 gene is located, and 30% have a mutation in the p53 gene. Genetic changes that occur in

## WHAT IS ALREADY KNOWN ON THIS TOPIC

- $\Rightarrow$  Chronic lymphocytic leukemia (CLL) is the most common leukemia in adults.
- ⇒ There is no study to investigate thioldisulfide homeostasis and ischemiamodified albumin (IMA) levels in patients with CLL.

## WHAT THIS STUDY ADDS

- ⇒ The present study shows that oxidative stress increased significantly in patients with CLL.
- ⇒ These findings strongly favor the impairment of oxidant-antioxidant balance.
- ⇒ IMA levels were found to be high in patients with CLL.
- ⇒ Native and total thiol levels were found to be significantly lower in patients with CLL.

## HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

- ⇒ These results indicate that determination of dynamic thiol-disulfide levels can serve as an aid for the diagnosis and followup the disease, particularly for the early identification of CLL.
- ⇒ The increase in IMA level may be associated with oxidative stress and functional reduction of the antioxidant defense system.

this way may lead to an increase in the generation of reactive oxygen species (ROS) in vivo, which may further explain the link between loss of p53 function and poor clinical outcomes and drug resistance in 17p-deleted CLL cells.<sup>4</sup> While determining prognosis for patients with CLL, the versatile risk profile remains a challenge. As a result, numerous efforts are required to uncover novel prognostic indicators that might be used to create a risk classification system for patients with CLL at the time of diagnosis. Oxidative stress (OS) biomarkers may provide a new frontier in terms of prospective candidates for improving the predictive capacity of laboratory techniques used to determine the prognosis of patients with CLL. OS occurs with the abnormal increase of free radicals in the cell and the deterioration of the oxidative balance as a

result of insufficient antioxidants in the body,<sup>5</sup> <sup>6</sup> which plays a critical role in the occurrence of many common diseases such as chronic inflammation, diabetes, and cancer.<sup>7-9</sup> The primary target of ROS produced in the cell as a result of OS is thiol groups. Thiols are found in amino acids that are found in the structure of proteins and contain sulfur in their composition. Thiols are exposed to oxidation reactions by oxidants formed under OS and turns into disulfide structures.<sup>10 11</sup> Disulfide bond, which is a covalent bond, is also called S-S and disulfide bridge. Disulfide structures (S-S), which are formed as a result of OS are reduced to thiol groups again, and thiol balance is achieved.<sup>12</sup> In many studies, the measurement of dynamic thiol disulfide balance has been shown as an indicator of increased free radical levels in various diseases.<sup>13-16</sup> The increase in OS causes free radical damage at the N-terminal end of albumin molecules and decreases the binding capacity of albumin. The modified form of albumin is called ischemia-modified albumin (IMA) and is used a responsive marker of OS.<sup>13</sup> To the best of our knowledge, this is the first study to evaluate both dynamic thiol-disulfide hemostasis and IMA levels in patients with CLL.

# MATERIALS AND METHODS

#### Patient and control groups

Twenty-nine patients with CLL under care at the hematology outpatient clinic of Aksaray University Training and Research Hospital were included in the study. The control group consisted of 20 healthy individuals with no statistically significant difference in terms of gender and age. Demographic information of the study and control groups were collected from the hospital automation system. Hematological diseases and malignancies other than CLL were extricated from the current study.

## Sample collection of the study

Fasting blood samples were taken into EDTA tubes from the patients with CLL and control groups. Subsequently, samples were centrifuged at  $1500 \times \text{g}$  for 10 min separated into Eppendorf tubes and stored in a refrigerator at  $-20^{\circ}\text{C}$  until the time of the assay.

## TAS and TOS measurements

Total oxidant status (TOS) and total antioxidant status (TAS) levels were measured spectrophotometrically based on method developed by Erel.<sup>17</sup> The measured data were expressed as µmol Trolox equivalent per liter for TAS and mmol  $H_2O_2$  equivalent per liter for TOS. Then, oxidative stress index (OSI). OSI (arbitrary unit)=TOS (µmol  $H_2O_2$  Eq/L)/TAS (µmol Trolox Eq/L)×100 were calculated.

## Determination of thiol-disulfide levels

Thiol-disulfide levels were determined by automated spectrophotometric method as previously described by Erel and Neselioğlu.<sup>12</sup> Briefly, disulfide bonds are reduced to thiol groups with sodium borohydride. To prevent reduction of 5,5'-dithiobis-(2-nitrobenzoic) acid, unused sodium borohydride was consumed and removed with formaldehyde. Disulfide levels were determined by dividing the difference obtained by subtracting native thiols from total thiols by two.

#### Table 1 Demographic features of participants

Parameter		CLL (n=29) N %	Control (n=20) N %	P value
Gender	Male	13 (44.8%)	11 (55%)	0.56*
	Female	16 (55.2%)	9 (45%)	
Age (year)		66.1±9.2	62.5±12.4	0.47†
*χ² test. †Student's	t-test.			

#### **Measurement of IMA levels**

IMA levels were analyzed by using albumin cobalt binding test developed by Bar-Or *et al.*<sup>18</sup> The method is based on the binding ability of reduced cobalt ions (Co<sup>2+</sup>) alongside addition of known amounts of exogenous Co (CoCl<sub>2</sub>) to serum samples. Due to ischemia, altered albumin binds less to Co(II) and excess (unbound) Co<sup>2+</sup> produces a colored structure with dithiothreitol measured spectrophotometrically at 480 nm. The results were expressed as absorbance units.

## Statistical analysis

Statistical Package for the Social Sciences (SPSS) V.22 (SPSS, Chicago, Illinois, USA) program was used for statistical analysis. The normal distribution of the data was determined by the Shapiro-Wilk test. The mean differences between two independent groups were compared with the Student's t-test. Comparison of values that did not fit the normal distribution was done with the Mann-Whitney U test. Spearman's correlation test was used for correlation analysis. The p value <0.05 was accepted as statistical significance level.

## RESULTS

This study consisted of 49 patients, 29 in the CLL group and 20 in the control group. There was no significant difference between the groups in terms of age and gender (table 1).

In the CLL group, 13 (44.7%) of the patients were male and 16 (55.2%) were female. In the control group, 11 (55%) of the participants were male and 9 (45%) were female. Among the hemogram parameters, platelet, leukocyte, lymphocyte, monocyte, lactate dehydrogenase, direct bilirubin, and sedimentation were found to be significantly different between the two groups (table 2).

Table 2         Laboratory parameters of study and control groups						
Parameter	CLL mean (n=29) (min–max)	Control mean (n=20) (min-max)	P value			
Lymphocyte (10 <sup>3</sup> µL)	37.08 (1.13–224)	1.65 (0.97–2.81)	0.001*			
Leukocyte (10 <sup>3</sup> µL)	43.99 (3.9–232)	7.83 (1.7–28.9)	0.001*			
Monocyte (10 <sup>3</sup> µL)	1.09 (0.06–7.48)	0.43 (0.16–1.03)	0.023			
LDH (U/L)	229.3 (160–468)	202.6 (135–490)	0.039			
PLT (10 <sup>3</sup> µL)	183.9 (110–299)	229 (81–420)	0.036			
Direct bilirubin (mg/dL)	0.10 (0.05–0.25)	0.13 (0.06–0.20)	0.047			
ESR (mm/h)	11.2 (1–39)	18.45 (3–68)	0.027			
*Mann-Whitney U test.						

ESR, Erythrocyte sedimentation rate; LDH, lactate dehydrogenase; max, maximum; min, minimum; PLT, platelet.

IMA

-0.122

0 4 0 4

-0.142

0.331

0.052

0.722

0.071

0.630

0.072

0.624

-0.084

0.566

3

## **Original research**

Native and thiol levels showed negative correlation with leukocyte, lymphocyte, and TOS levels. In addition, it showed positive correlation with total bilirubin, direct bilirubin, and ALP. Besides that, IMA levels showed positive correlation with OSI (table 4).

#### DISCUSSION

We demonstrated that total and native thiol levels were significantly lower in patients with CLL than control subjects. However, disulfide levels were significantly higher in patients with CLL compared with the control subjects. Our study also revealed that IMA levels were not statistically significantly different in CLL groups compared with the controls. We also demonstrated that serum TAS levels were lower in patients with CLL group than healthy controls. However, TOS and OSI levels were significantly higher in patient group compared with the controls. In our study, we also evaluated the ratios of disulfide/native, disulfide/total, and native/total thiol levels between the control and patient groups and a statistically significant difference was found. This is the first study investigating thiol-disulfide and IMA levels as an oxidative marker in patients with CLL.

Thiol is an organic compound that consists of sulfur and hydrogen atoms attached to a carbon atom and plays a significant role in preventing OS formation in cells. Thiols are effective antioxidants that maintain the basic structure of proteins and protect cells and tissues from OS damage The majority of the thiol pool consists of albumin thiols and protein thiols, while the remaining is composed of low molecular weight thiols such as cysteine, cysteinglysin, glutathione (GSH), homocysteine and gammaglutamylcysteine.<sup>19</sup> Oxidation of thiols and the resulting disulfide bond formation are indicators of early cellular response to OS.<sup>13 20</sup> During OS, thiol groups are converted to disulfide forms and these forms can reduce back to thiol groups, thereby achieving dynamic thiol balance.<sup>17</sup>

Direct Variables Leukocyte Lymphocyte bilirubin Total bilirubin ALP TOS OSI Native thiol -0.447 -0.491 0.363 0.386 0.395 -0.393 -0.325 r (µmol/L) 0.001 0.010 0.006 0.05 0.005 0.023 P value 0.001 Total thiol -0.420 -0.445 0.326 0.343 0.340 -0.339 -0.266 r (µmol/L) P value 0.03 0.001 0.022 0.016 0.017 0.017 0.064 Disulfide 0.265 -0.220 -0.235 0.143 -0.1870.317 0.315 (µmol/L) P value 0.240 0.066 0.128 0.105 0.199 0.026 0.028 **Disulfide/Native** 0.597 0.380 -0.357 -0.380 -0.322 0.400 0.339 r thiol (%) 0.007 0.017 0.007 0.012 0.024 0.004 P value 0.001 Disulfide/Total 0.651 0.389 -0.354 -0.376 -0.329 0.402 0.341 r thiol (%) P value 0.001 0.006 0.013 0.008 0.021 0.004 0.017 Native thiol/Total r -0.651 -0.393 0.357 0.380 0.320 0.754 0.343

0.012

0.007

0.025

0.0001

0.016

\*Pearson's correlation test.

thiol (%)

ALP, alkaline phosphatase; IMA, ischemia-modified albumin; OSI, oxidative stress; TOS, total oxidant status.

0.005

Correlation analysis of laboratory parameters in patients with CLL

P value 0.001

Table 3	Thiol-disulfide homeostasis parameters of the study				
and control groups					

Parameter	CLL mean (n=29) (min–max)	Control mean (n=20) (min–max)	P value
Total thiol (µmol/L)	399.4 (265–501)	483.1 (443–535)	0.001*
Native thiol (µmol/L)	348.8 (210–460)	444.3 (405–492)	0.001*
Disulfide (µmol/L)	25.3 (13–56)	18.4 (10–25)	0.007*
Disulfide/Native thiol (%)	7.76 (3.3–16.5)	4.1 (2.2–5.6)	0.001*
Disulfide/Total thiol (%)	6.53 (3.1–12.4)	3.8 (2.1–5.1)	0.001*
Native thiol/Total thiol (%)	86.9 (75.2–93.8)	92.3 (89.9–95.2)	0.001*
IMA (ABSU)	1.03 (0.34–3.98)	0.95 (0.47–3.54)	0.365
TAS (nmol Trolox/L)	1.34 (1.03–1.62)	1.48 (1.1–1.97)	0.104
TOS (µmol H <sub>2</sub> O <sub>2</sub> Eq/L)	9.1 (5.7–16.8)	5.15 (7.2–3.1)	0.001*
OSI	0.67 (0.27–1.40)	0.35 (0.18–0.49)	0.001*

\*Mann-Whitney U test.

Table 4

ABSU, absorbance units; IMA, ischemia-modified albumin; max, maximum; min, minimum; OSI, oxidative stress index; TAS, total antioxidant status; TOS, total oxidant status.

Native and total thiol levels were found to be significantly lower in patients with CLL compared with the control subjects (p<0.001). However, disulfide levels were significantly higher in the patients with CLL compared with the control group (p<0.001). Disulfide/native, disulfide/total, and native/total levels were statistically significantly different between the patient and control groups (p<0.001). Moreover, TOS and OSI levels were also statistically significantly different between patient and control groups (p<0.001). However, TAS levels were not significantly different between two groups (p<0.104). In addition, serum IMA levels were also not significantly different between patient and control groups (p=0.365, table 3).

#### **Original research**

Hanikoglu et al showed that before radical prostatectomy (RP) native thiol, total thiol and TAS levels were significantly lower in the patient group as compared with the controls. However, disulfide level was significantly higher in the patient group with respect to controls. They concluded that this decrease is due to the deterioration of the capacity to resist oxidant stress. They also reported that after RP native thiol, total thiol and TAS levels were increased while disulfide levels were decreased. They concluded that thiol-disulfide homeostasis reduced back to thiols side.<sup>21</sup> In another study, Eryilmaz et al showed that native and total thiol were decreased while disulfide level was increased in patients with breast cancer compared with the controls. They hypothesized that the change in thiol-disulfide homeostasis may be due to oxidation/reduction reactions caused by  $ROS^{22}$  In the same line with the previous studies, we found that native and total thiol levels were lower while disulfide levels higher in patients with CLL in contrast to the controls. One reason of the decrease in serum thiol levels may be the continuous depletion of sulfhydryl-containing antioxidant molecules, particularly glutathione, to remove ROS as previously suggested.<sup>23</sup> This further suggests that OS may play a role in etiopathogenesis of disease.

In the literature, Fidan *et al* showed that TAS levels were lower while TOS and OSI levels were higher in patients with gastric cancer compared with the controls. They concluded that low levels of antioxidant may play a role in carcinogenesis.<sup>24</sup> In our study, we found that TAS levels were lower while TOS and OSI levels were significantly higher in patients with CLL than controls. We concluded that increased OS may deplete antioxidants molecules to remove ROS. In addition, decreased antioxidant levels in patients with CLL may increase TOS and OSI levels due to increased OS. We also hypothesized that increased ROS in CLL and the resulting decreased antioxidant capacity may lead to carcinogenesis.

In the literature, several studies found serum IMA levels were higher in patients with gastric, prostate, neuroblastoma, and soft tissue cancer compared with the controls. They concluded that the increase in the level of IMA may be related to OS and functional decrease of the antioxidant defense system.<sup>24–26</sup> Our study is the first study to evaluate IMA levels in patients with CLL. In accordance with the literature, we found that serum IMA levels were higher in patients with CLL than controls. We assumed that increased IMA levels may play an important role in the production of ROS under OS.

#### Limitation of the study

The limitation of this study is a small sample size. Large sample size studies are needed to further evaluate the results.

#### CONCLUSION

In conclusion, we found increased TOS and OSI levels with decreased TAS levels in patients with CLL. These findings strongly favor the impairment of oxidant-antioxidant balance. We also found decreased levels of native and total thiol while increased disulfide in patients with CLL. This might indicate that formation of disulfide leads to decrease in antioxidant capacity in patients with CLL. Measurement of dynamic thiol-disulfide levels can contribute to follow-up of the disease as a potential biomarker particularly for the early identification of CLL and further aid to monitor the progression of the disease.

**Acknowledgements** The authors thank patients and controls for their voluntary support for the conduction of this study.

**Contributors** Conception and design of the research: HE. Acquisition of data: HE, RC, OÖ, SCT. Analysis and interpretation of data: HE, RC, OÖ. Statistical analysis: HE. Drafting the manuscript: HE. Revision of manuscript for important intellectual content: HE, RC, OÖ, SCT. Guarantor: HE.

**Funding** The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests None declared.

Patient consent for publication Consent obtained directly from patient(s).

**Ethics approval** This study was approved by the Hatay Mustafa Kemal University Clinical Research Ethics Committee (protocol number: 2021/111). Written informed consent was obtained from all participants.

Provenance and peer review Not commissioned; internally peer reviewed.

Data availability statement No data are available.

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