- 1. What is your specialty?
  - a. Psychologist
  - b. Licensed Clinical Social Worker
  - c. Psychiatric Nurse Practitioner
  - d. Psychiatrist
  - e. Other
- 2. How many of your patients have had a Stellate Ganglion Block (SGB) procedure for PTSD (or a related diagnosis such as "Subclinical PTSD, Anxiety Disorder NOS, Other Trauma Related Disorder")?
  - a. Less than 10
  - b. 10-25
  - c. 26-50
  - d. More than 50
- 3. How helpful has SGB been in terms of complementing your care?
  - a. Very beneficial—assisted greatly in my treatment
  - b. Somewhat helpful—facilitated my treatment
  - c. Not helpful—no difference noted
  - d. Harmful—made my treatment more difficult
- 4. For which trauma-related symptoms have you found SGB to have the largest effect?
  - a. No specific symptoms
  - b. Re-experiencing (nightmares, physical reactivity after traumatic reminders)
  - c. Avoidance of trauma-related thoughts, feelings, or reminders
  - d. Negative thoughts/feelings (anhedonia, feeling isolated, difficulty experiencing positive affect)
  - e. Arousal/reactivity (irritability, hypervigilance, difficulty concentrating, difficulty sleeping)
- 5. Scenario A: You have a patient with a trauma-related disorder that has <u>never been on medications or therapy</u> for this condition. How likely would you be to refer for SGB at this point in treatment?
  - a. Very likely
  - b. Likely
  - c. Unlikely
  - d. Absolutely not
- 6. Scenario B. You have a patient with a trauma related disorder treated for three months with psychotherapy and 10% improvement of symptoms, but has <u>never been on medications</u> for this condition and is very resistant to pharmacotherapy. How likely would you be to refer for SGB at this point in treatment?
  - a. Very likely
  - b. Likely
  - c. Unlikely
  - d. Absolutely not

- 7. Scenario C. You have a patient with a trauma-related disorder treated for three months with <u>psychotherapy and an SSRI</u> with 10% improvement of symptoms. How likely would you be to refer for SGB at this point in treatment?
  - a. Very likely
  - b. Likely
  - c. Unlikely
  - d. Absolutely not
- 8. Scenario D. You have a patient with a trauma-related disorder treated for nine months with <u>psychotherapy and an SSRI</u> with 10% improvement of symptoms and is reluctant to continue treatment due to the perceived lack of progress. How likely would you be to refer for SGB at this point in treatment?
  - a. Very likely
  - b. Likely
  - c. Unlikely
  - d. Absolutely not
- 9. Would you recommend Stellate Ganglion Block to your <u>behavioral health</u> colleagues as a useful tool under the right circumstances to incorporate into their treatment of trauma related disorders?
  - a. Yes
  - b. No

<u>BASED ON YOUR EXPERIENCE</u> please rate the usefulness of each treatment method below in terms of improving symptoms for your patients with trauma related disorders:

a.	Very beneficial	b. Somewhat helpful	c. Not helpful	d. Harmful		e. N/A (no experience)		
10.	Cognitive behavioral	therapy (CBT)		a	b	С	d	e
11.	Cognitive processing	therapy (CPT)		a	b	С	d	e
12.	Cognitive therapy (CT	Γ)		a	b	С	d	e
13.	Prolonged exposure t	therapy (PE)		a	b	С	d	e
14.	Brief eclectic psychot	herapy (BEP)		a	b	С	d	е
15.	Eye movement deser	nsitization and reprocessing	g (EMDR)	a	b	С	d	е
16.	. Narrative exposure therapy (NET)			a	b	С	d	e
17.	Medications (fluoxeti	ine, paroxetine, sertraline,	or venlafaxine)	a	b	С	d	e
18.	Stellate Ganglion Blo	ck (SGB)		a	b	С	d	e